



# XBU25 UPRIGHT BIKE

## SPIRIT XBU25 Upright Bike: Quality Performance at Home

The SPIRIT XBU25 Upright Bike delivers precision performance in a home-friendly design, offering a smooth, low-impact cardio experience built to last. A 22 lb (10 kg) magnetic flywheel ensures quiet, consistent output across 20 electronically controlled resistance levels, ideal for everything from light endurance rides to high-intensity training. The ergonomic pedal design with articulating EVA foot guards and a vertically adjustable seat (12 settings) provides a comfortable, customizable fit for all users.

Stay motivated with a user-friendly 7.5" blue backlit LCD display that tracks time, distance, calories, pulse, speed, level, laps, and segment time. Choose from 10 built-in workout programs designed for all fitness levels. Heart rate monitoring is available through integrated hand pulse sensors or an optional chest strap for more accurate readings (chest strap not included).

The tech-forward console includes quick-touch buttons for resistance, start/stop, and fan control, plus Bluetooth for syncing with fitness apps (transmitting to Bluetooth or HR devices independently). A built-in fan and headphone audio jack enhance comfort during longer rides.

Compact and easy to move with integrated transport wheels, the XBU25 fits effortlessly into home gyms. Combining comfort, convenience, and smart features in a durable frame, it's a high-performance upright bike designed to meet your fitness goals.

## FEATURES

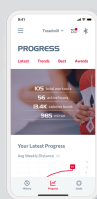
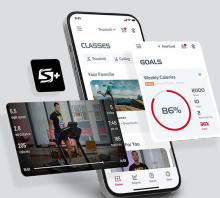
- 7.5" blue backlit LCD
- 22 lb (10 kg) flywheel with 20 levels of magnetic resistance
- Fully adjustable seat and oversized quick latch pedals
- Contact and wireless heart rate monitoring capabilities
- Bluetooth connectivity allows you to track your progress and connect to your favourite fitness apps
- Ergonomic handlebar design allows for multiple riding positions

**SPIRIT**

Item #  
16207563250



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

## EQUIPMENT SPECIFICATIONS

Console	7.5" Adjustable Angle, Blue Backlit LCD, with Heart Rate % and Muscle Activation Profile, Reading Rack, Adjustable Fan
Programs	10 Programs - Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 User, 2 Heart Rate
Heart Rate	Hand Pulse Sensors, Bluetooth and 5kHz Compatible, Chest Strap Not Included
Resistance Levels	20 Levels
Direct- Access Programs	10 Console Buttons
Hand Pulse Sensors	Ergonomic Handlebar Placement
Flywheel	22 lb (10kg)
Seat	High Density Foam
Seat Adjustment	Up/Down - 12 Positions, Fore/Aft
Pedals	Oversized, Self-Balancing with Fast-Latch System
Assembled Dimensions	43" L x 22" W x 54" H, 101 lb (108 L x 55 W x 136 H cm, 46 kg)
Packaging	46" L x 18" W x 31" H, 116 lb (118 L x 46 W x 78 H cm, 52 kg)
Max User Weight	350 lb (159 kg)

## WARRANTY INFORMATION

Residential: Frame/Brake: Lifetime, Parts: 10 Years, Labour: 1 Year



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