

CABLE CROSS-OVER STANDARD / COMPACT

SKU: FT-CCOS & FT-CCOCS



STANDARD FEATURES

- 150lb. weight stacks with ten 5lb. and ten 10lb. plates.
- Chin-up bar standard
- Seventeen height adjustments.
- 2:1 cable ratio.
- Integrated foot block for seated row exercises.
- Steel rear shrouds powder coated for a mar resistant lustrous finish.

OPTIONAL FEATURES

 Two standard 150 lb. tiered weight stacks are each upgradeable in 50 lb. increments to 300 lbs.



