



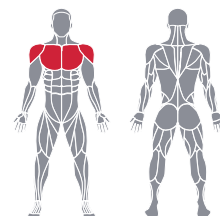
DUALS

CSD-PFRD

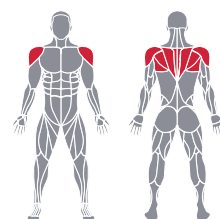
PEC FLY / REAR DELT



PEC FLY



REAR DELT



The Pec Fly and Rear Delt machine offers dual exercises focused on the pectoralis and posterior deltoid muscle groups. With multiple hand grip options and an adjustable range of motion, users of all sizes can comfortably hit their next personal record. A large padded seat adjusts easily with the built-in gas-assisted riser and integrated rep counter keeps users positioned properly and engaged rep after rep.

CSD-PFRD PEC FLY / REAR DELT

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- Premium strength cables
- Low profile, modern design
- Large storage tray at top of tower
- 200lb graduated weight stack

SPIRIT | OVER 40 YEARS OF FITNESS

SPECIFICATIONS

Performance	<ul style="list-style-type: none"> • 200lb Weight Stack <ul style="list-style-type: none"> • 10 lb Top Plate • 4 x 10 lb Plates • 10 x 15 lb Plates • Pulley Ratio 0.33 x Weight Per Side • Premium Strength Cables • Premium Beveled Edge Pads • Sport Stitching 												
Convenience	<ul style="list-style-type: none"> • Rep/Time Counter (2 C Batteries required, not included) • 4-Bar Linkage Seat Adjustment (Gas Assist) • Start/Finish Workout Diagrams • Grip Bumpers Help Avoid Hitting Hands • Storage Trays (Top of Weight Tower) 												
Frame	<ul style="list-style-type: none"> • Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Max User Weight Capacity: 360 lbs 												
Dimensions and Weight	<ul style="list-style-type: none"> • Setup Dimensions: 57.1" x 57.6" x 78.1" • Shipping Dimensions & Shipping Weight: <table> <tr> <td></td><td>G.W. / N.W.</td></tr> <tr> <td>• Carton A: 54" x 25" x 5"</td><td>19.8 lb / 17.6 lb</td></tr> <tr> <td>• Carton B: 60" x 23" x 10"</td><td>92.6 lb / 83.6 lb</td></tr> <tr> <td>• Carton C: 73" x 47" x 20"</td><td>219.0 lb / 193.8 lb</td></tr> <tr> <td>• Carton D: 47" x 4" x 16"</td><td>7.7 lb / 6.6 lb</td></tr> <tr> <td>• Carton E: 21" x 20" x 11"</td><td>214.7 lb / 190.1 lb</td></tr> </table> 		G.W. / N.W.	• Carton A: 54" x 25" x 5"	19.8 lb / 17.6 lb	• Carton B: 60" x 23" x 10"	92.6 lb / 83.6 lb	• Carton C: 73" x 47" x 20"	219.0 lb / 193.8 lb	• Carton D: 47" x 4" x 16"	7.7 lb / 6.6 lb	• Carton E: 21" x 20" x 11"	214.7 lb / 190.1 lb
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Commercial Warranty	<ul style="list-style-type: none"> • 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labour 												

