



CSF-ADJB ADJUSTABLE BENCH

- Back pad adjusts from 0 to 90 degrees
- 6 adjustable back pad angles, 3 seat angles
- Premium contoured pads with sport stitching
- Transport wheels and comfort grip handle
- Heavy-gauge steel frame with high-quality powder coat finish





CSF-ADJB FEATURES

Designed for versatility, comfort, and durability, the Spirit Fitness CSF-ADJB Adjustable Bench is a staple for any strength training setup. The back pad adjusts from 0 to 90 degrees, allowing users to perform a full range of bench exercises with ease. Spring-loaded lock pins enable quick and secure angle adjustments, ensuring efficiency during workouts. The three-seat angle adjustments also provide enhanced stability and optimal positioning, ensuring proper form and support for a variety of exercises.

Built for lasting performance, the contoured seat and back pads feature high-density foam, premium upholstery, and reinforced stitching, providing both comfort and durability while being easy to clean.

For added convenience, built-in transport wheels and a comfort grip handle make repositioning effortless. PVC foot covers enhance stability and protect flooring. Constructed with a heavy-gauge steel frame and commercial-grade components, the CSF-ADJB Adjustable Bench is built to withstand high-use environments and deliver exceptional performance.

EQUIPMENT SPECIFICATIONS

Frame Heavy-gauge steel tubing with powder-coated finish

Dimensions 54"L x 18"W x 16"H 80.5 lb (136 L x 45 W x 41 H cm, 37 kg) Packaging 52"L x 19"W x 15"H, 93 lb (132L x 49W x 38H cm, 42 kg)

Weight Capacity 617 lb (280 kg) user plus lifting weight

WARRANTY INFORMATION

Commercial – Frame/Welds: 10 Years, Bushings/Shocks/Guide Rods: 5 Years, Paint/Finishes/Grips/Upholstery/All Other Parts: 6 Months, Labour: 1 Year





