

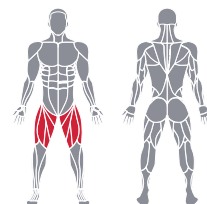


DUALS

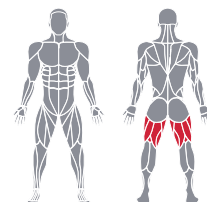
SPIRIT



LEG EXTENSION



LEG CURL



The Leg Extension and Leg Curl machine offers versatile exercises that target opposing muscle groups – the quadriceps and hamstrings. Users can easily switch and adjust exercises without leaving their seated position, ensuring maximum convenience. The axis of rotation is optimized to provide a proper feel for both types of movements. Additionally, an integrated rep counter and top cap storage keep users motivated and engaged throughout their sets.

### **CSD-LELC** LEG CURL / LEG EXTENSION

- Premium beveled pads with sport stitching
- 5lb increment weight for more variety
- Premium strength cables
- Low profile, modern design
- Large storage tray at top of tower
- 210lb weight stack

**SPIRIT** | OVER 40 YEARS OF FITNESS

CSD-LELC LEG CURL / LEG EXTENSION

## SPECIFICATIONS

Performance	<ul style="list-style-type: none"> <li>• 210lb Weight Stack <ul style="list-style-type: none"> <li>• 5 lb Increment Weight</li> <li>• 2 x 15 lb Top Plates</li> <li>• 13 x 15 lb Plates</li> </ul> </li> <li>• Pulley Ratio 0.7 x Weight Extension, 0.5 x Weight Curl</li> <li>• Premium Strength Cables</li> <li>• Premium Beveled Edge Pads</li> <li>• Sport Stitching</li> </ul>
Convenience	<ul style="list-style-type: none"> <li>• Rep/Time Counter (2 C Batteries required, not included)</li> <li>• Start/Finish Workout Diagrams</li> <li>• Storage Trays (Top of Weight Tower)</li> <li>• Easy-Adjust Seat Back</li> </ul>
Frame	<ul style="list-style-type: none"> <li>• Heavy Gauge Steel Frame</li> <li>• Low Profile Design</li> <li>• High-Quality Electrostatic Powder Coat Finish</li> <li>• Fully Enclosed Weight Stack</li> <li>• Steel Feet w/Rubber Foot Covers</li> <li>• Max User Weight Capacity: 360 lbs</li> </ul>
Dimensions and Weight	<ul style="list-style-type: none"> <li>• Setup Dimensions: 55.4" x 54" x 62.2"</li> <li>• Shipping Dimensions &amp; Shipping Weight: <div>G.W. / N.W.</div> <ul style="list-style-type: none"> <li>• Carton A: 55" x 24" x 5"    19.8 lb / 17.6 lb</li> <li>• Carton B: 60" x 23" x 10"    92.6 lb / 83.6 lb</li> <li>• Carton C: 47" x 40" x 13"    330.7 lb / 308.0 lb</li> <li>• Carton D: 39" x 7" x 22"    20.9 lb / 19.8 lb</li> <li>• Carton E: 21" x 20" x 11"    219.7 lb / 195.0 lb</li> </ul> </li> </ul>
Commercial Warranty	<ul style="list-style-type: none"> <li>• 10 Years Frame</li> <li>• 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods</li> <li>• 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned</li> <li>• 6 Months Upholstery</li> <li>• 1 Year Labour</li> </ul>

